

Auckland Coach Support Survey 2019

121 participating coaches

During September and October, a survey was sent to coaches across Auckland.

The results shown below are based on 121 responses.

Roles of a Coach



Motivator

Teacher



Advisor

Instructor



Mentor

Promoter



Manager

Facilitator



36 sports coached across the 121 coaches surveyed



Netball (24)



Rugby (11)



Football (11)



Hockey (9)



Basketball (7)



Rollerskating (7)

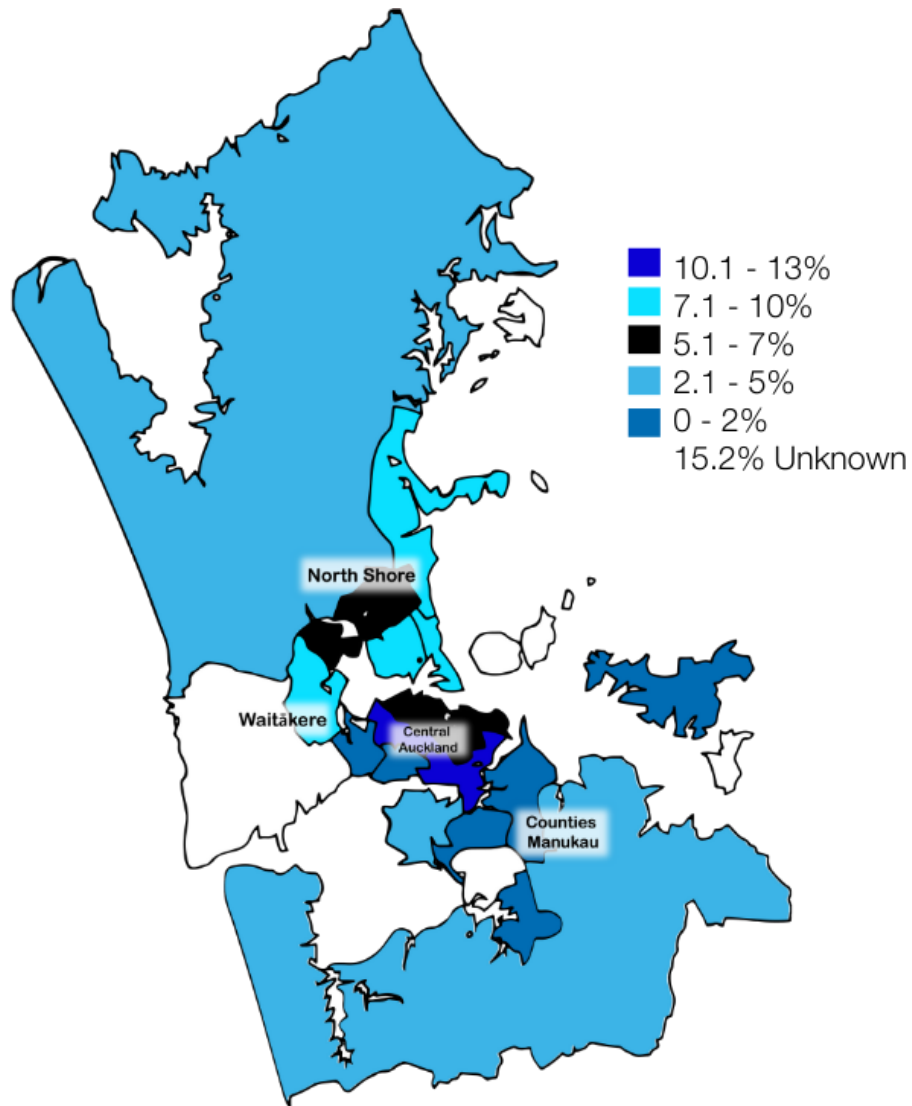


Tennis (6)

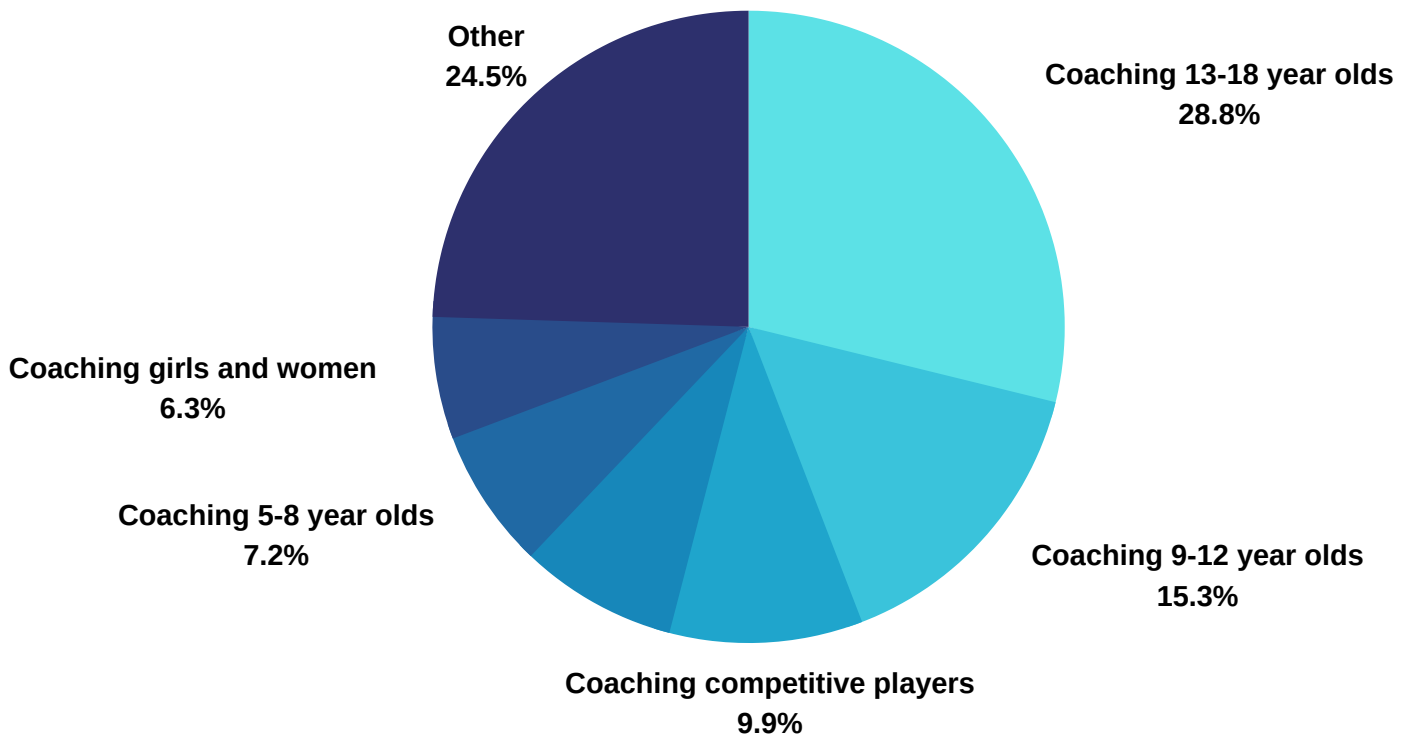


Cricket (6)

RESPONDENTS BREAKDOWN



AREAS OF INTEREST FOR RECEIVING INFORMATION



TOP INFO RESPONDENTS WOULD FIND USEFUL



Coaching 13-18 year olds

1. Ways to improve mental skills
2. Conditioning (fitness) guidelines
3. How to develop movement skills



Coaching 9-12 year olds

1. Athlete development
2. Focus areas for training
3. Ideas for running programmes



Coaching competitive players

1. Ways to progress skill development
2. How to identify areas to improve
3. Tips on managing other commitments



Mental skills development

1. Dealing with stress and anxiety
2. How to train mental skills
3. Improving focus and attention

FORMS OF DEVELOPMENT

What formats would you prefer this info to be provided in?

