

# Water Skills for Life

## SEVEN COMPETENCIES

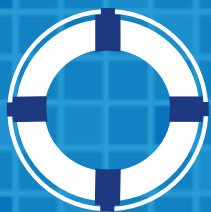
Water safety  
and awareness



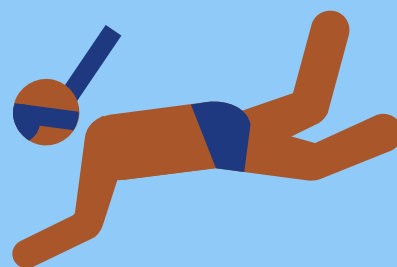
Getting in and  
out of the  
water



Safety of self  
and others



Submersion



Orientation



Propulsion



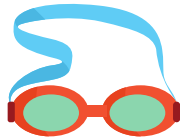
Personal buoyancy

# Water Skills for Life

## OPTIONAL EQUIPMENT



**Life jackets**



**Goggles**



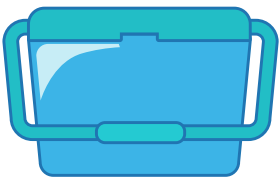
**Togs**



**Flippers**



**Bucket**



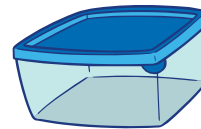
**Chilly Bin**



**Pool Toys**



**Containers**



**Kickboards**



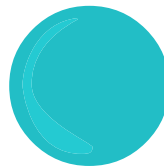
**Plastic cups**



**Rope**



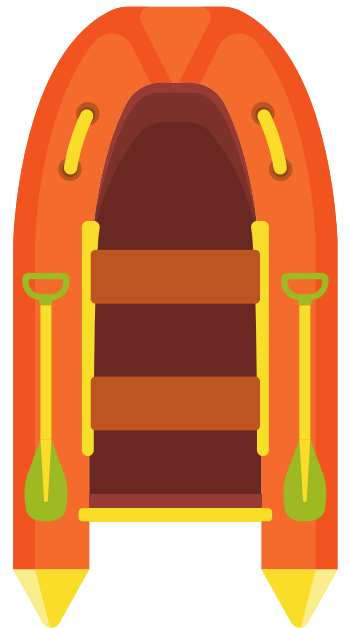
**Colander**



**Balls**



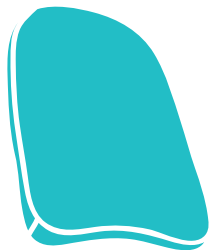
**Broom Stick**



**Inflatable boat**



**Bamboo sticks**



**Boogie board**



**Throw rope**



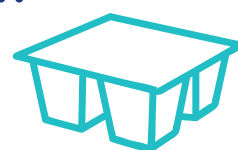
**Watering can**



**Foam mat**



**Pool noodles**



**Yogurt containers**

# Water Skills for Life



## Aktive Funding

Aktive funds schools/ kura in decile 1-6, years 3-6 tamariki for 8-10 free professionally delivered Water Skills for Life lessons. Funding is applied on a first in- first serve basis.

## As Māori for Māori

For Kaiako in Kura Māori and mainstream Kura your local He Oranga Poutama Kaiwhakahaere can support with the implementation of Water Skills for Life in a way that is culturally appropriate to Māori – as Māori for Māori.

**HE ORANGA  
POUTAMA**  
ki Tāmaki Makaurau

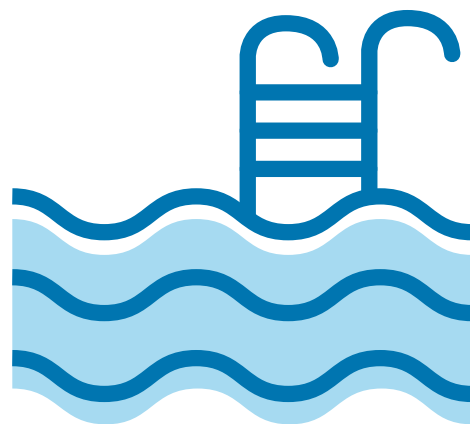


Receiving funding for years 3-6 tamariki to have professionally delivered lessons will not be impacted if you also book to receive teacher professional development for years 0-2 and 7-8 tamariki.

# Water Skills for Life

## Teacher Led Delivery

Free teacher professional development on-site, at your school or kura. Providing teachers with the knowledge and skills to confidently deliver Water Skills for Life in their own school pool.




## Find Your Field of Dreams (FYFOD) Funding

Schools and kura within the old Manukau City boundaries can access funding for years 3-6 tamariki. These funds are managed by the John Walker Find Your Field of Dreams Foundation to take part in Community Swim.

## Self-Funded

Your school/kura can self fund delivery of Water Skills for Life lessons for all tamariki from years 0-6 with a chosen provider.

## Where does the funding come from?



|                  |            | Self-Funded | AKTIVE<br>Funded | Teacher<br>Led | FYFOD<br>Funded | HE ORANGA<br>POUTAMA<br><small>ki Tamaki Makaurau</small> |
|------------------|------------|-------------|------------------|----------------|-----------------|---|
| Decile<br>1 - 6  | Year 0 - 2 | ✓           |                  | ✓              |                 | ✓   |
|                  | Year 3 - 6 | ✓           | ✓                | ✓              | ✓               | ✓   |
|                  | Year 7 - 8 | ✓           |                  | ✓              |                 | ✓   |
| Decile<br>7 - 10 | Year 0 - 2 | ✓           |                  | ✓              |                 |   |
|                  | Year 3 - 6 | ✓           |                  | ✓              | ✓               |   |
|                  | Year 7 - 8 | ✓           |                  | ✓              |                 |   |

[Find out more information here](#)